CSC Meeting

March 20, 2023



Agenda

Prayer

Welcome

Approval of Agenda

<u>Approval of Minutes from December 8</u>

CYW - Carol Filinski

Treasure's Report

Chair's Report

Principal's Report

Adjournment

Prayer

Dear Heavenly Father,

We come before you today as parents and staff with grateful hearts for the blessing of children. We ask for your guidance and wisdom as we gather together to discuss their well-being.

We pray that you will give us the ability to listen to one another with open hearts and minds, to respect each other's perspectives, and to work together for the good of our children. Help us to communicate effectively, to express our thoughts and concerns with kindness and patience, and to seek common ground in the decisions we make.

We pray that you will grant us the courage to address difficult issues, the empathy to understand each other's struggles, and the grace to extend forgiveness and understanding when we disagree.

Above all, we ask for your blessings on our children. May they feel loved and supported by us and by their school community. May they be safe, healthy, and happy, and may they grow in knowledge, wisdom, and character.

We ask all these things in the name of your son, Jesus Christ.

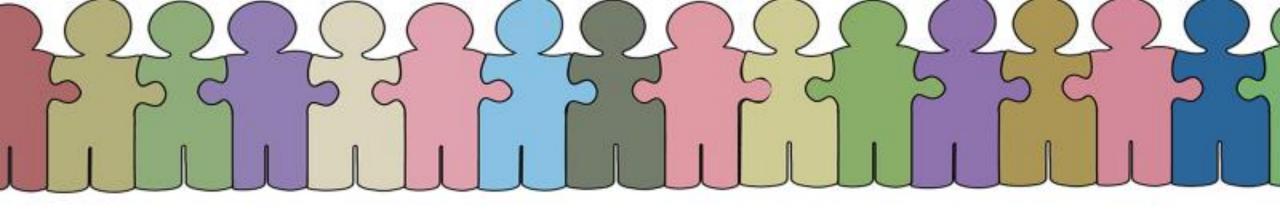
Child Youth Worker

Mrs. Filinski



- ❖ Provide universal, evidencebased Social-Emotional learning and self-regulation programming to all grades from JK − 8.
- Provide support for students who struggle with behaviours and self-regulation.
- Participate in School Mental Health Teams and Health Action Teams with school staff and Hamilton Public Health Nurses.

CHILD AND YOUTH WORKERS:



Universal Evidence-Based Programs Provided by the School-Based Child and Youth Worker



Tools for Life RELATIONSHIP-BUILDING SKILLS

- Respectful Listening
- Positive, Effective Communication
- Recognizing and Accepting Feelings
 - Expressing Empathy
 - · Recognizing Body Clues
 - Calm Down Strategies
 - Problem Solving Process
 - Problem Solving Tools
 - Taking Responsibility
 - Restorative Justice





For Use In Pre-Kindergarten Centres, Full Day Kindergarten Classrooms, Child Care and Daycare Centres, After School Programs Educators play an important role in promoting children and youth's well-being by creating, fostering, and sustaining a learning environment that is healthy, caring, safe, inclusive, and accepting.

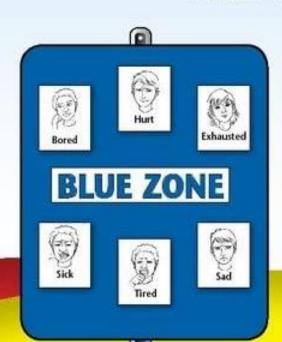
A learning environment of this kind will support not only students' cognitive, emotional, social, and physical development but also their mental health, resilience, and overall state of well-being. All this will help them achieve their full potential in school and in life.

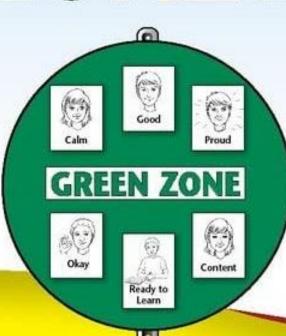
- The Ontario Curriculum, 2013

ZONES OF REGULATION®

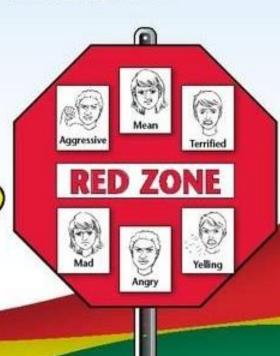
The Zones of Regulation creates a systematic approach to teach regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete colored zones. Integrating in cognitive behavior therapy, students build skills in emotional and sensory regulation, executive functioning, and social cognition. The framework is designed to help move students toward more independent regulation while also honoring and respecting each student and their unique self.

THE ZONES OF REGULATION®









Blue Zone Tools

Stretch

Green Zone Tools

Drink water

Yellow Zone Tools

Deep breaths

Red Zone Tools

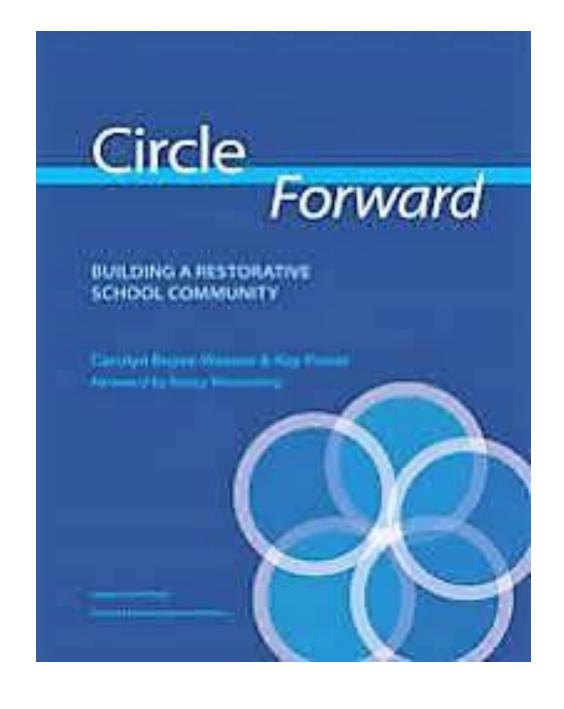
Take a break



Stress Lessons is built on an experiential, hands-on learning approach. Its aim is to help educators create teachable moments to introduce stress management strategies and build emotional resiliency. Stress Lessons will provide you with teaching strategies to enable learning. It can be a good classroom management tool. The lessons can become part of the continuous learning cycle and can be incorporated into interactions year round. In response to demand from Canadian teachers and other education professionals, Stress Lessons has been developed in collaboration with a range of experts including educators, counsellors, stress experts and psychologists. Stress Lessons is a Canadian classroom resource that's relevant to emotional health curriculum requirements in a classroom environment by providing a series of activities that promote learning, discussion and self-awareness, stress management, and problem solving skills.

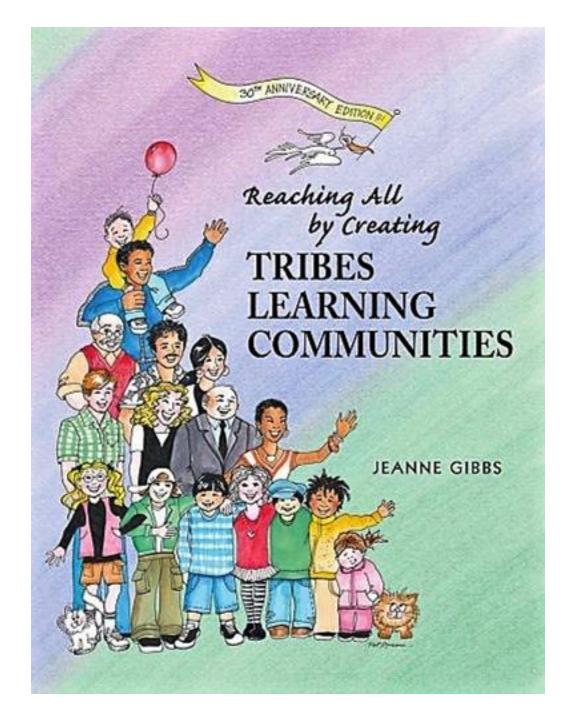


Restorative Practices are rooted in restorative justice. They emphasize repairing the harm done to people and relationships, rather than punishing people. By building more supportive learning environments and focusing on socialemotional learning, restorative practices can reduce social barriers to learning.



Circle Forward is a resource guide designed to help school staff incorporate the practice of Circle into the everyday life of the school.

The practice of Circles is helpful for building and maintaining a healthy community in which all members feel connected and respected.



Tribes is a goal-oriented process, based on sound researched principles and practices that support and maximize children's academic learning and social emotional development. The principles are a synthesis of literature, research and studies from overlapping fields.

Some positive outcomes:

- the climate of the school becomes safe, caring and motivational for all
- Participation in active learning groups (tribes) leads to higher student performance
- Disruptive student problems fade away, giving teachers more time to teach
- Respect among multicultural, multiethnic and diverse student populations increases
- Teachers' professional competency, collegiality and collaborative responsibility for students' learning as well as school improvement increases



Faith and Wellness: A Daily **Mental Health Resource** offers a collection of highquality, everyday mental health practices to enhance students' social and emotional skills. These practices are rooted in the Catholic Faith and align with the Ontario curriculum, Ontario Catholic School **Graduation Expectations** (OCSGE), learning skills and Kindergarten four frames.

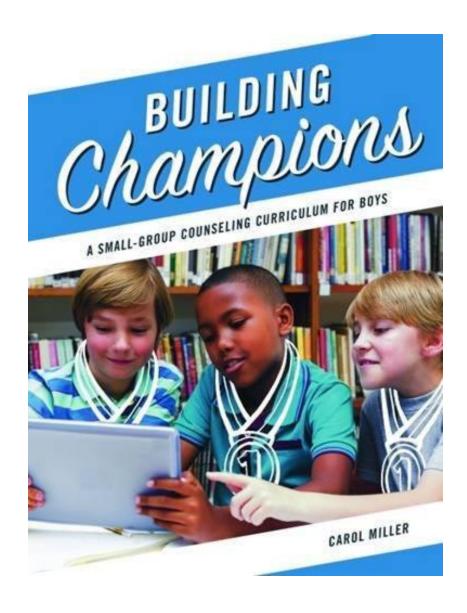


Racines de l'empathie

Mission – To build caring, peaceful and civil societies through the development of empathy in children and adults.

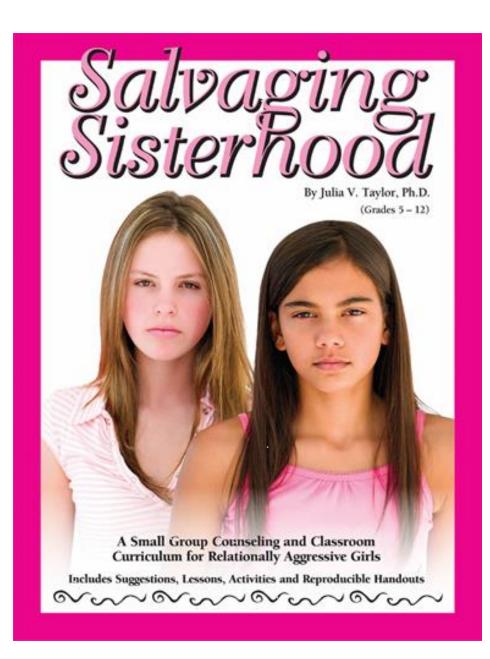
Vision – To change the world, child by child.

- We offer empathy-based programs in schools and childcare centres
- We train volunteer instructors to deliver an age-appropriate curriculum
- We invite community families into classrooms to demonstrate the power of a secure attachment relationship between infant and parent – the first and most powerful model of empathy.
- We measure impact, conduct research, and share results

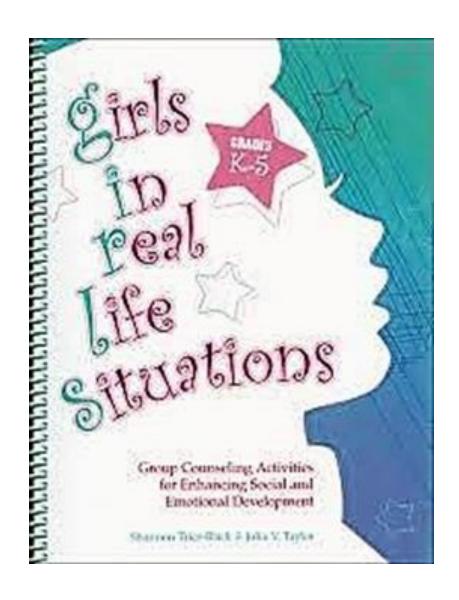


Building Champions is a small-group counseling program designed to help upper elementary school boys build trust, respect, and peer connections while reducing classroom conflicts, discipline issues, and anxiety.

Building Champions uses many active learning activities that will help maintain students' interest and allow them to practice targeted skills while learning. Active learning such as that promoted in this program has been found to help and be active participants in the learning process.



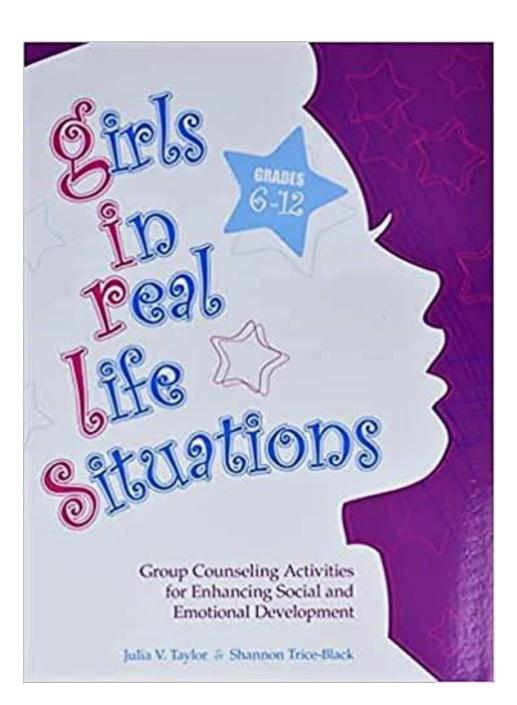
The purpose of **Salvaging** Sisterhood is to teach girls to communicate efficiently and effectively with one another. Often, adolescent girls will talk **about** who they are mad at, opposed to **who** they are mad at. Salvaging Sisterhood is designed to raise awareness, develop empathy, teach healthy conflict, explore feelings, and promote a positive change in female relationships.



Girls in Real-Life Situations (G.I.R.L.S.) is a proactive group counseling curriculum designed to give girls an opportunity to feel empowered, gain self-awareness, develop positive coping mechanisms, improve daily problem-solving skills, feel connected with other girls, and make healthy decisions as they grow.

This program includes activities appropriate for girls in the elementary school grades.

In G.I.R.L.S., group members share feelings, struggles, and similarities and serve as a sounding board for one another while discussing and participating in a variety of experiences dealing with issues common to all girls. The lesson plans and activities are preventive and proactive. They are designed to help promote self-esteem, friendship skills, social skills, and problem-solving skills.



Girls in Real-Life Situations (G.I.R.L.S.) is a group counseling curriculum designed to give girls an opportunity to feel empowered, gain self-awareness, develop positive coping mechanisms, improve daily problem-solving skills, feel connected with other girls, and make healthy decisions as they grow through turbulent times. The program includes activities appropriate for girls of middle and high-school age. In G.I.R.L.S., group members share feelings, struggles, and similarities and serve as a sounding board for one another while discussing and participating in a variety of activities common to all young women. The lesson plans and activities are especially valuable to girls in the following circumstances:

- Special populations of girls who are struggling through their adolescent and teen years.
- Girls in need of self-confidence.
- Groups of friends who have trouble communicating with one another.
- An entire community of girls who are interested in bonding on more than a superficial level



The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing. Triple P is used in more 30 countries and has been shown to work across cultures, socioeconomic groups and in many different kinds of family structures.

Treasure's Report

Major Fundraiser

Immaculate Conception Teachers Credit Union School Generated Funds Detailed Category Summary - All Transactions To Date

09/06/2022 03/20/2023 Date ... Range 2022-2023

Summary for: Major Fundraiser - CSC

Contact Person: Balance Forward: \$0.00

Date	Transaction	Description	Debit	Encumbrance	Credit	Tax Paid	Tax Rebate	Cleared	Balance
01/20/2023	Direct Deposit 5583653	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$40.00			x	\$40.00
01/20/2023	Direct Deposit 5583851	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$144.00			x	\$184.00
01/23/2023	Direct Deposit 5589438	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$1,152.00			x	\$1,336.00
01/23/2023	Direct Deposit 5589632	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$60.00			X	\$1,396.00
01/24/2023	Direct Deposit 5595067	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$520.00			X	\$1,916.00
01/24/2023	Direct Deposit 5595245	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$80.00			x	\$1,976.00
01/25/2023	Direct Deposit 5600880	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$708.00		-r	x	\$2,684.00
01/26/2023	Direct Deposit 5606951	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$156.00			x	\$2,840.00
01/27/2023	Direct Deposit 5612663	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023	8	8 8	\$268.00			×	\$3,108.00
01/27/2023	Direct Deposit 5612845	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$40.00			×	\$3,148.00
01/30/2023	Direct Deposit 5618690	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023	35		\$72.00			×	\$3,220.00
01/31/2023	Direct Deposit 5624219	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$272.00			×	\$3,492.00
02/01/2023	Direct Deposit 5629818	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023	8		\$332.00			×	\$3,824.00
02/03/2023	Direct Deposit 5641123	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023	28	3	\$164.00			x	\$3,988.00
02/06/2023	Direct Deposit 5647295	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023			\$104.00			×	\$4,092.00
02/07/2023	Direct Deposit 5653043	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023	23	100	\$52.00			x	\$4,144.00

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PRESENTATION TITLE 23

Opening Bal		16	3,676.00	\$6,028.00	0.00	\$2,352.00
03/20/2023	Transfer 86	wrong account	\$3,676.00		X	\$2,352.00
02/24/2023	Direct Deposit 5725134	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$484.00	×	\$6,028.00
02/23/2023	Direct Deposit 5718447	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$20.00	x	\$5,544.00
02/23/2023	Direct Deposit 5718193	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$136.00	x	\$5,524.00
02/21/2023	Direct Deposit 5712484	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$12.00	x	\$5,388.00
02/21/2023	Direct Deposit 5712312	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$96.00	x	\$5,376.00
02/21/2023	Direct Deposit 5706524	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$36.00	x	\$5,280.00
02/17/2023	Direct Deposit 5700339	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$144.00	x	\$5,244.00
02/16/2023	Direct Deposit 5694426	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$152.00	x	\$5,100.00
02/15/2023	Direct Deposit 388102R	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		(\$12.00)	x	\$4,948.00
02/14/2023	Direct Deposit 5683221	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$112.00	x	\$4,960.00
02/13/2023	Direct Deposit 5677517	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$96.00	x	\$4,848.00
02/13/2023	Direct Deposit 5677334	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$96.00	x	\$4,752.00
02/10/2023	Direct Deposit 5671173	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$12.00	x	\$4,656.00
02/10/2023	Direct Deposit 5670983	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$192.00	x	\$4,644.00
02/09/2023	Direct Deposit 5665375	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$164.00	x	\$4,452.00
02/08/2023	Direct Deposit 5659239	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023	30	\$24.00	x	\$4,288.00
02/08/2023	Direct Deposit 5659046	Krispy Kreme Doughnut Fundraiser - January 16, 2023-February 20, 2023		\$120.00	x	\$4,264.00

Minor Fundraising

Immaculate Conception Teachers Credit Union School Generated Funds Detailed Category Summary - All Transactions To Date

09/06/2022 ... 03/20/2023 Date ... Range 2022-2023

Summary for: Minor Fundraiser - CSC

Cat. #: 7010

Contact Person:

Balance Forward: \$4,579.93

Date	Transaction	Description	Debit	Encumbrance	Credit	Tax Paid	Tax Rebate	Cleared	Balance
10/17/2022	Transfer 79		\$1,349.52	2	11/2	- 1		X	\$3,230.41
11/02/2022	Check 2894	Melissa Cooper Classroom Startup Inv#	\$46.48	3	3 8	\$5.91	\$4.9	3 X	\$3,183.93
11/10/2022	Check 2897	Laura Smerilli School Centre Activities purchased by L. Smerilli & M. Baktawar Inv#	\$100.00					x	\$3,083.93
11/10/2022	Check 2898	Carla Antolich-Davis Class Set-up Inv#	\$50.00					X	\$3,033.93
11/10/2022	Check 2899	Krista Freeman Classroom set up Inv#	\$50.00		313			X	\$2,983.93
11/10/2022	Check 2901	Dina Cino Donations of gift cards for Parent Conference Inv#	\$50.00		74.5	- 6		x	\$2,933.93
11/11/2022	Check 2902	Linda Morgante FSL Resources-class set up Inv#	\$50.00		200	1		x	\$2,883.93
11/11/2022	Check 2903	Filomena Cino Class set up Inv#	\$50.00					X	\$2,833.93
11/18/2022	Check 2911	Carmela Douliou Classroom set up Inv#	\$50.00					X	\$2,783.93
11/24/2022	Check 2913	Elyse Tassone Classroom Set up Inv#	\$50.00)				X	\$2,733.93
12/05/2022	Check 2921	Teri-Lyn Unsworth Classroom Start up Inv#	\$39.08	3		\$4.98	\$4.1	5 X	\$2,694.85
12/09/2022	Check 2925	Laura Mazzetti Classroom start up Inv#	\$50.00					x	\$2,644.85
12/13/2022	Check 2927	Brittany Calcao Classroom start up Inv#	\$50.00			9		X	\$2,594.85
12/13/2022	Check 2932	Krystina Agostino Classroom start up Inv#	\$50.00			ñ		x	\$2,544.85
12/20/2022	Check 2937	Maria Miller Classroom set up Inv#	\$50.00					X	\$2,494.85
12/20/2022	Check 2939	Melissa Cooper Classroom supplies Inv#	\$50.00	0				x	\$2,444.85
12/20/2022	Check 2940	Tiffany DeAngelis Supplies for class	\$50.00	0		9	1	x	\$2,394.85
01/11/2023	Check 2943	Carol Filinski Class set up Inv#	\$50.00		38			x	\$2,344.85
01/31/2023	Check 2953	Shires Bakery Snuggle Up & Read - Hot Chocolate & Cookie Inv# 3879	\$332.02	2		\$42.25	\$35.2	3 X	\$2,012.83
01/31/2023	Direct Deposit 2022/12/2	Lunchbax			\$274.07			х	\$2,286.90

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PRESENTATION TITLE 2

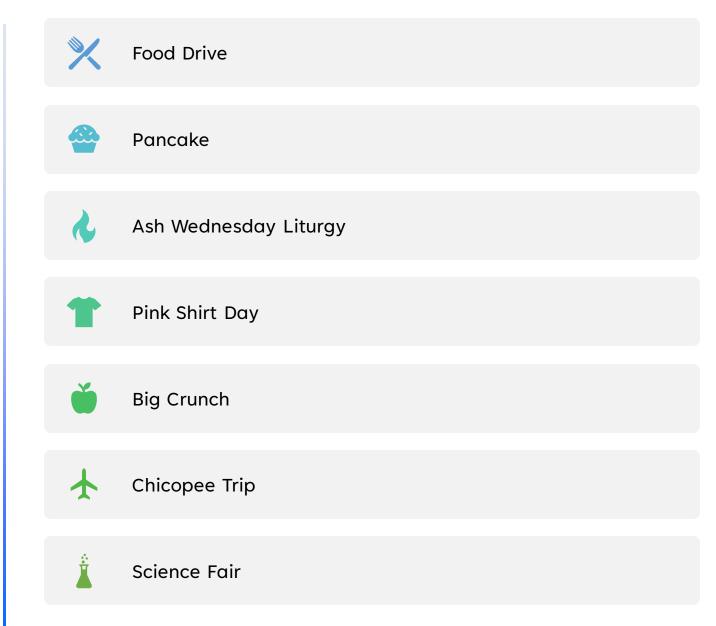
Opening Bal	ance: \$4,579.93	10	6,743.10	0.00	4,998.81	53.14	\$44.31		\$2,835.64
			\$6,743.10	.02	\$4,998.81	\$53.14	\$44.31		\$2,835.64
03/20/2023	Transfer 86	wrong account			\$3,676.00			X	\$2,835.64
03/02/2023	Check 2970	Giulia Spadafora-Falco Extra donuts purchased for fundraiser Inv#	\$196.00						(\$840.36)
02/28/2023	Check 2964	Void - Krispy K Canada Inc. Krispy Kreme Donut Fundraiser Inv# - Incorrect amount - Tax \$0.00	(\$2,280.00)					x	(\$644.36)
02/27/2023	Check 2968	Krispy K Canada Inc. Krispy Kreme Donut Fundraiser Inv#	\$3,480.00				7		(\$2,924.36)
02/24/2023	Check 2984	Krispy K Canada Inc. Krispy Kreme Donut Fundraiser Inv# - Incorrect amount - Tax \$0.00 - Void - 2/28/2023	\$2,280.00					x	\$555.64
02/17/2023	Check 2961	Tim Hortons Enterprise 1000 Inc. Hot Chocolate/Cookie Day/Snuggle Up & Read Inv#	\$500.00						\$2,835.64
02/10/2023	Direct Deposit 00022055	Lunchbox			\$590.48			X	\$3,335.64
01/31/2023	Direct Deposit 2023/1/9	Lunchbax	5		\$458.26			x	\$2,745.16

Chair's Report

Principal's Report

CSC March 20

Good News Items



Upcoming Events

SPRING PHOTOS – MARCH 28

LIGHT IT UP BLUE
- APRIL 3

EASTER LITURGY – APRIL 6

COMMUNION --APRIL 15

SARA WESTBROOK
STUDENT
PRESENTATION –
APRIL 17

FRENCH CAFÉ --APRIL 19 CLEAN UP OUR
NEIGHBOURHOOD
– APRIL 21

SARA WETBROOK
PARENT
PRESENTATION –
APRIL 27

CATHOLIC EDUCATION WEEK – MAY 1 TO 5

CSC -- MAY 11

MAY CROWING – MAY 30 WELCOME TO KINDERGARTEN – JUNE 1

CSC March 20

Suspensions/Bullying Reports

- Suspensions to Date: 10
- Bullying Reports: 9

CSC March 20

Class Organization

- ■We will be given projected org
- □Conversations with teachers occur about grades
- Survey will go out to parents to gather information
- □End of May/June teachers look at friendships, grades, personalities, etc

and attempt to assign best placements for students

SC March 20

Staffing Update

- ☐ Mrs. Shea has returned, thank you to Mr. Mihalic
- ☐ Mr. Perri on leave

CSC March 20

Projector Update

- ☐ Trying to get a third quote
- ☐ Having a difficult time getting it

CSC March 20



